



Underdog Sports Leagues Flag Football Return to Play Safety Plan

1) League and Game Operations

- a. Players will be encouraged to bring their own sanitizer, water and food to events.
- b. Underdog use on-line waivers whenever possible. Whenever not possible, pens used to sign waivers should be sanitized in between uses.

2) Player Attendance

- a. Underdog will require players to bring and wear masks or facial coverings at events.
- b. No additional spectators are allowed beyond players and household members who have travelled together. Players must practice social distancing when awaiting a game or use of the facility and must leave when it is completed.
- c. Players will be asked to not arrive at a facility until 10 minutes before the game to eliminate congestion/gathering on the property or in the parking lot.
- d. Players will be asked to leave the facility immediately after they are done to eliminate congestion/gathering on the property or in the parking lot.
- e. Messaging will require that players stay home when sick or if a close contact of someone with COVID-19.
- f. Players will be screened to ensure that people with COVID, COVID symptoms or exposure to someone with COVID are not allowed to play.

3) Social Distancing

- a. Underdog will use signage to discourage group congregation, or to limit numbers of people in a certain area of facilities. Players will be reminded to be especially mindful of social distancing in the parking lot, and around dugouts.
- b. Players will be prohibited from pre- or post-game handshakes, high fives or any congratulatory physical contact.
- c. Players who approach another player in an aggressive manner or to argue and come within six feet of that player must be removed from the facility and not be allowed to return.
- d. Players who approach an umpire, referee or other game official in an aggressive manner or to argue and come within six feet of that official must be removed from the facility and not be allowed to return.

- e. Underdog will modify rules to maintain social distancing. When strict social distancing is not feasible for a specific rule, other prevention measures are required, such as use of barriers, personal protective equipment or other acceptable protection.

4) Parks Rules:

- a. The following rules have been put in place from Seattle Parks regarding arriving, leaving and garbage:
 - i. Teams, groups, individuals are required to be off of the field and out of the park at the end of permitted field reservation time to allow other users access to the field.
 - ii. Users may not arrive earlier than their permitted time. This allows the users before you to vacate the field completely using social distancing guidelines.
 - iii. All park users are required to pick up your trash and dispose of them prior to leaving the field or take it with you. Due to the pandemic, Parks does not have staff to clean parks. We ask that you please clean up after yourselves and leave the park in good condition for the next user.

5) Sanitation

- a. Shared Gear
 - i. Underdog will implement sanitation protocols for all shared gear. Including, but not limited to:
 - 1. Balls
 - 2. Masks
 - 3. Helmets
 - 4. Pens
- b. Underdog will provide a sanitation station at each event with hand sanitizer and disinfectant wipes.
- c. Players will be required to sanitize their hands prior to playing.
- d. Underdog will provide signage notifying players of the location of the sanitation station.

6) League Employees and Contractors

- a. Underdog will maintain a minimum six-foot separation between staff and customers in all interactions. When strict social distancing is not feasible for a specific task, other prevention measures are required, such as use of barriers, personal protective equipment or other acceptable protection.
- b. Underdog staff will be required to wear face coverings at all times.
- c. Underdog will provide personal protective equipment (PPE) such as gloves and face masks as appropriate or required to employees for the activity being performed.
- d. Underdog will screen employees for signs/symptoms of COVID-19 at start of shift. Make sure sick employees stay home or immediately go home if they feel or appear sick.