



Underdog Indoor Volleyball Phase 2 Return to Play Rules

1) League and Game Operations

- a. Players are encouraged to bring their own sanitizer, water and food to events. Water fountains may not be available at facilities.
- b. Underdog is now offering the ability to sign your waiver online. Players will need to accept their roster spot to sign the waiver.
- c. Underdog will not distribute team shirts, but instead will be giving out face coverings to all players.

2) Player Attendance

- a. Underdog will require players to bring and wear masks or facial coverings at events.
- b. No additional people are allowed beyond the five (5) players playing in the matches. Players must practice social distancing when awaiting a practice or use of the facility and must leave when it is completed.
- c. Underdog Supervisors will be taking attendance for each team, checking for face coverings and going through screening questions.
- d. Players are not allowed at the courts if they:
 - i. Have been diagnosed with Covid-19 in the past 14 days
 - ii. Have had contact with any person that has, or is suspected to have Covid-19 in the last 14 days
 - iii. Have a fever or flu-like symptoms
- e. Players will be required to sanitize their hands before their games.
- f. Players are not allowed to enter the facility until their scheduled court has cleared out of any other players from the previous match. The facility doors may be locked. You will not be allowed to enter until the site supervisor lets you in.
- g. Players playing at the Wallingford Boys and Girls Club will also have their temperature taken and recorded per Boys and Girls Club Rules
- h. Players should not arrive at a facility until 10 minutes before their scheduled time to eliminate congestion/gathering on the property or in the parking lot.
- i. Some facility parking lots will be closed. You may need to walk farther than normal.
- j. Players will be asked to leave the facility immediately after they are done to eliminate congestion/gathering on the property or in the parking lot.

3) Social Distancing

- a. Players must keep social distancing when at the courts whenever possible.
- b. Players will be prohibited from pre- or post-game handshakes, high fives or any congratulatory physical contact.
- c. Players who approach another player in an aggressive manner or to argue and come within six feet of that player must be removed from the facility and not be allowed to return.
- d. Players who approach an umpire, referee or other game official in an aggressive manner or to argue and come within six feet of that official must be removed from the facility and not be allowed to return.

4) Sanitation

- a. Shared Gear
 - i. Underdog will implement sanitation protocols for all shared gear. Including, but not limited to:
 1. Balls
 2. Nets
 3. Pens
 4. Posts
 5. Post Coverings
- b. Underdog will provide a sanitation station at each event with hand sanitizer and disinfectant wipes.
- c. Underdog will provide signage notifying players of the location of the sanitation station.

5) League Staff

- a. Underdog will maintain a minimum six-foot separation between staff and customers in all interactions. When strict social distancing is not feasible for a specific task, other prevention measures are required, such as use of barriers, personal protective equipment or other acceptable protection.
- b. Underdog will provide personal protective equipment (PPE) such as gloves and face masks as appropriate or required to employees for the activity being performed.
- c. Underdog will screen employees for signs/symptoms of COVID-19 at start of shift. We will make sure sick employees stay home or immediately go home if they feel or appear sick.

6) Rules Modifications:

- a. No more than 5 people are allowed on half of a court at any given time.
- b. If you need to switch sides of the net, cross the net to your right at a distance of at least 6 feet from any other player.
- c. Practice Balls will not be provided. Only game balls. If your team would like to warm up prior to your game, you must bring your own ball.